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Public High School Scholarship Application: Submission #89

View	
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HTML
Table
Plain text
Data (YAML)

The **View** page displays a submission's general information and data. [▶ Watch video](#)

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Submission information

Public High School Scholarship Application

Applicant's Name

Nicholas William Abate

Your Email Address

abate.nicholas@icloud.com

Your Cell Phone Number

[9707396318](tel:9707396318)

Applicant's Address

201 N. 7th St.
PO box 392
Dolores, Colorado. 81323

Parent or Guardian Information

Paul Abate
30732
Paul abate
Son
7209804627

You are graduating from which high school?

Dolores High School

Field of Study You Plan to Pursue

Culinary Arts

University You Will Attend

Nicholls State University
906 E 1st St
Thibodaux, Louisiana. 70301

Transcript

[Abate 26.pdf](#) (542.93 KB)

College Entrance Scores

- [Abate SAT.pdf](#) (495.29 KB)

Two Reference Letters

- [Nick Abate LOR.pdf](#) (766.67 KB)
- [Nick Letter of Rec final copy_pdf.pdf](#) (76.72 KB)

List High School and Community Honors and Activities

National Honors Society
Volunteered at Ski swap
Varsity Soccer Team Captain
Volunteered for 12 hours of Mesa Verde and Escalante Days 5k
Honor Roll all 4 years of High School

Essay

My passion for cooking started when I was in middle school. I realized that making dinner meant I could eat whatever I wanted. I slowly began to experiment with different recipes that all sounded appealing to me. I then worked my way around from there and have created a multitude of dishes for my family. I have always loved eating and enjoying good food, but when I started cooking, I found myself always looking for the approval of my family and friends. I always tried to make sure my dishes were delicious and that my family would enjoy them. Whenever my family tried a new dish I made, my first question was always whether they thought it was good. I got so much joy from hearing that my food was enjoyed, and the more I cooked, the more I enjoyed seeing people's reactions to it. I loved trying to impress people with my food and getting a good reaction. I got a great sense of pride from my food being appreciated, and I continued to chase this feeling. Sometimes I bake just to see how others react. So, while I still love eating my dishes and understanding the science behind them, my favorite part is always seeing people's reactions to my creations. I love it when people enjoy my food, and I always try to chase this when either cooking at home or cooking in the restaurant where I work. At this restaurant, I cook food for people every day, and I always love to hear that my food is appreciated. It's such a fulfilling experience to do something for someone that they enjoy. Everyone enjoys food, and it can be a very beautiful thing, so I wish to pursue a career in this field. My goal is to one day own my own restaurant or be the head chef of a renowned restaurant. I want to create a delicious menu that will blow people away and make them want to come back for more. I hope to create the most delicious dishes imaginable for people to enjoy. I truly love the feeling of wowing people with my creations, and I hope to do this either through my own restaurant or by managing one. I hope to achieve this by attending culinary school, where I will learn to make delicious dishes and manage a restaurant. By applying for this scholarship, I hope to receive funding to attend this institute, where I can expand my culinary skills and pursue my passion.

Today's Date

2026-02-06

Applicant's SignatureA handwritten signature in black ink, appearing to read "Nicholas Alvaro". The signature is written in a cursive, flowing style with some loops and flourishes.



Abate, Nicholas

201 North 7th Street
Dolores, CO 81323

School ID#: --
District ID#: 11408
DOB: 3/17/2008
Gender: Male

School Transcript

Credits Awarded: 27.75
Total Credits Attempted: 27.75
Cumulative Weighted GPA: 4.243
Cumulative Unweighted GPA: 3.589
Rank: 6 of 38

[] Official [] Unofficial

2020-2021 (Grade)

Credits Awarded: 1.00
Credits Attempted: 1.00

Course	S1 Grade	S1 Score	S1 Grade Points	S1 Credits Awarded	S1 Credits Possible	S2 Grade	S2 Score	S2 Grade Points	S2 Credits Awarded	S2 Credits Possible
Spanish I	A	97.31	4.000	0.50	0.50	A	0	4.000	0.50	0.50

2021-2022 (Grade)

Credits Awarded: 2.00
Credits Attempted: 2.00

Course	S1 Grade	S1 Score	S1 Grade Points	S1 Credits Awarded	S1 Credits Possible	S2 Grade	S2 Score	S2 Grade Points	S2 Credits Awarded	S2 Credits Possible
Algebra I	A	0	4.000	0.50	0.50	A	0	4.000	0.50	0.50
Spanish II	A	0	4.000	0.50	0.50	A	0	4.000	0.50	0.50

2022-2023 (Grade)

Credits Awarded: 7.50
Credits Attempted: 7.50

Course	S1 Grade	S1 Score	S1 Grade Points	S1 Credits Awarded	S1 Credits Possible	S2 Grade	S2 Score	S2 Grade Points	S2 Credits Awarded	S2 Credits Possible
Biology I	A-	92	4.000	0.50	0.50	A	93	4.000	0.50	0.50
Computer Literacy	A+	97	4.000	0.50	0.50					
English I	A-	90	4.000	0.50	0.50	A-	91	4.000	0.50	0.50
Fall Sports	P	0	-	0.25	0.25					
Geometry	A+	97	4.000	0.50	0.50	A+	97	4.000	0.50	0.50
Health						A	93	4.000	0.50	0.50
Individual & Lifetime Sports	A	95	4.000	0.50	0.50					
Macroeconomics						A	94	4.000	0.50	0.50
Microeconomics	A+	98	4.000	0.50	0.50					
Spanish III	A	94	4.000	0.50	0.50	A	93	4.000	0.50	0.50
Spring Sports						P	0	-	0.25	0.25
Team Sports						A+	97	4.000	0.50	0.50

2023-2024 (Grade)

Credits Awarded: 7.25
Credits Attempted: 7.25

Course	S1 Grade	S1 Score	S1 Grade Points	S1 Credits Awarded	S1 Credits Possible	S2 Grade	S2 Score	S2 Grade Points	S2 Credits Awarded	S2 Credits Possible
Algebra II	B+	87	3.000	0.50	0.50	A-	91	4.000	0.50	0.50
Fall Sports	P	0	-	0.25	0.25					
Painting	A	94	4.000	0.50	0.50					
PCC Anatomy Physiology (H)	B+	89	4.000	0.50	0.50	A-	92	5.000	0.50	0.50
PCC ENG 1021 Composition I (H)	A	95	5.000	0.50	0.50					
PCC HIS 1210 US History to Reconst (H)	A-	91	5.000	0.50	0.50					
PCC HIS 1220 US History 1865-present (H)						A-	92	5.000	0.50	0.50
PCC Lit 1015 (H)						A+	98	5.000	0.50	0.50
Sculpture						A-	92	4.000	0.50	0.50
Vocational Agriculture I	A+	99	4.000	0.50	0.50	A+	98	4.000	0.50	0.50
Welding						A+	97	4.000	0.50	0.50
Welding I	A+	99	4.000	0.50	0.50					

2024-2025 (Grade 11th Grade)

Credits Awarded: 7.00
Credits Attempted: 7.00

Course	S1 Grade	S1 Score	S1 Grade Points	S1 Credits Awarded	S1 Credits Possible	S2 Grade	S2 Score	S2 Grade Points	S2 Credits Awarded	S2 Credits Possible
CAD Drafting						A+	98.39	4.000	0.50	0.50
Career Prep	P	P	-	0.00	0.00	P	P	-	0.00	0.00
ENG 1022 (H)	A	95	5.000	0.50	0.50					
Geology & Astronomy	A+	99.55	4.000	0.50	0.50					
HIS 1110 (H)	A	95	5.000	0.50	0.50					
HIS 1120 (H)						A	95	5.000	0.50	0.50
HUM 1015 (H)						A	95	5.000	0.50	0.50
Jewelry Making						A+	97.54	4.000	0.50	0.50
PCC Biology 105 (H)	A-	92.02	5.000	0.50	0.50	A-	90.75	5.000	0.50	0.50
Physics I	A+	99.37	4.000	0.50	0.50	A+	98.7	4.000	0.50	0.50
Pre-Calc/Trig	A	96.05	4.000	0.50	0.50	A+	97.09	4.000	0.50	0.50
Yoga	A+	97.19	4.000	0.50	0.50					

2025-2026 (Grade 12th Grade)

Credits Awarded: 3.00
Credits Attempted: 3.00

Course	S1 Grade	S1 Score	S1 Grade Points	S1 Credits Awarded	S1 Credits Possible	S2 Grade	S2 Score	S2 Grade Points	S2 Credits Awarded	S2 Credits Possible
ENG 2021 (H)	A	95	5.000	0.50	0.50					
Fall Sport - Soccer [Dolores High School]	P	P	-	0.25	0.25					
Forensics	A	93.73	4.000	0.50	0.50					
Math 1340 (H)	A	96.91	5.000	0.50	0.50					
PSC 1011 (H)	A	95	5.000	0.50	0.50					
Senior Seminar	A+	97.77	4.000	0.25	0.25					
Welding	A	96.48	4.000	0.50	0.50					

Diploma

Actual Diploma:

Grade Points:

- A = 4 (H) 5
- B = 3 (H) 4
- C = 2 (H) 3
- D = 1 (H) 2
- F = 0



Authorized by *Nicholas Abate*
 Title Academic Advisor Date 1/19/26



Name: Nicholas Abate
 Grade: 11
 Test administration: SAT School Day Spring 2025
 Tested on: Apr 16, 2025
 Record Locator: 4100754305

Your Score Report



SAT Scores

TOTAL SCORE

1270 400-1600 **84th***

Score Range: 1230-1310
 3 Year Average Score (all testers): 1030

SECTION SCORES

Reading and Writing

630 200-800 **81st***

Your Score Range: 600-660
 3 Year Average Score (all testers): 521

Math

640 200-800 **84th***

Your Score Range: 610-670
 3 Year Average Score (all testers): 509

* Percentiles represent the percent of 12th grade test takers from the past 3 years who scored the same as or below you.

Score range: This is the range of scores you could possibly get if you took the SAT multiple times on different days.

Knowledge and Skills

View your performance across the 8 content domains measured on the SAT. For more information on performance score bands, visit satsuite.collegeboard.org/skills-insight.

Reading and Writing

Information and Ideas

(26% of test section, 12-14 questions)



Performance: 550-600

Craft and Structure

(28% of test section, 13-15 questions)



Performance: 610-670

Expression of Ideas

(20% of test section, 8-12 questions)



Performance: 610-670

Standard English Conventions

(26% of test section, 11-15 questions)



Performance: 550-600

Math

Algebra

(35% of test section, 13-15 questions)



Performance: 550-600

Advanced Math

(35% of test section, 13-15 questions)



Performance: 610-670

Problem-Solving and Data Analysis

(15% of test section, 5-7 questions)



Performance: 610-670

Geometry and Trigonometry

(15% of test section, 5-7 questions)



Performance: 680-800

ESSAY SCORES

Reading **5** 2-8 Analysis **2** 2-8 Writing **6** 2-8

COLORADO PERFORMANCE LEVEL INFORMATION

View your performance relative to the expectations set forth in the Colorado Academic Standards. For more information about Colorado's Performance Level Descriptors and Threshold Descriptors, please visit <https://www.cde.state.co.us/assessment/sat-psat#satpercutoffscore>.

Reading and Writing: Level 3: Met Expectations

Math: Level 3: Met Expectations

Career Insights Snapshot

Your skills are in demand! Consider exploring these growing careers in your state that need skills like yours. **These are examples, not recommendations**, to help jump-start your career exploration.

INTEREST AREA*	CAREER EXAMPLES	MEDIAN YEARLY INCOME IN CO	NUMBER OF JOBS	JOB GROWTH IN CO**	MOST COMMON EDUCATION LEVEL
Creators	Producers and Directors	\$73,000	3,200	+11%	Bachelor's degree
Organizers	Computer and Information Systems Managers	\$177,000	15,000	+17%	Bachelor's degree
Persuaders	Chief Executives	\$134,000	3,800	+11%	Master's or professional degree
Doers	Veterinarians	\$104,000	3,000	+17%	Doctoral degree or more
Helpers	Pediatricians	\$235,000	500	+5%	Doctoral degree or more
Thinkers	General Internal Medicine Physicians	\$271,000	1,400	+5%	Doctoral degree or more

*For more information about career insights, including interest areas, visit satsuite.org/whatsnext.

**Number reflects the expected number of new job openings in 2028. Percentage reflects the expected growth in new job openings between 2023 and 2028.

Data source: Lightcast.io



**Don't see a career you're interested in?
 Learn more about almost 1,000 careers for free.**



satsuite.org/whatsnext



January 9, 2026

To Whom it May Concern,

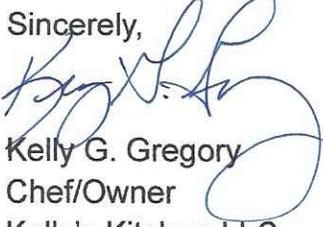
I am writing to you today on behalf of Nicholas Abate; it is my understanding he is applying for a scholarship from your organization. I have known Nick for a year and a half since hiring him to work in my restaurant as a dishwasher. He started work at Kelly's Kitchen in May of 2024 and because of the work ethic he demonstrated in the dish pit, moved from dishwashing into food running, prep at the restaurant, and cooking on the line in both my restaurant and food trailer. I feel I know Nick quite well and have worked with him directly at the restaurant.

One day early on, while working washing dishes, Nick showed me a photo of some croissants he made from scratch at home. I was rather impressed and we discussed his interest in cooking and baking. He shared that he had an interest in the culinary arts and one day may apply to culinary school. It was then that I decided to start training him in the kitchen. Nick possesses the right attitude for working in a kitchen; he can stay focussed when it's hot and the pressure is on. He doesn't get frustrated with the challenges of the job and gets along with his coworkers very well. People really like working with him and can count on him. Despite his youth, he offers great service to our customers whether he is taking orders at the counter, or delivering food from the kitchen.

Nick is an incredible young man. I am continually impressed by his positive attitude, his desire to learn new skills, ability to learn quickly and his work ethic. He asks the right questions at the right time which is something that cannot be taught. Nick is conscientious, detail oriented, and demonstrates professionalism despite his youth. Additionally, he picks up shifts when other people are on vacation or ill and does a great job of managing his schedule that involves school, sports, work, friends, and family. He is very smart and I believe one day he will make a successful executive chef garnering the respect of his staff and coworkers. I really can't say enough good things about him, I think he's a fantastic human.

I enthusiastically recommend Nicholas Abate for a scholarship. I think the skills he will learn in higher education will help him become a great success in the field of Culinary Arts and Hospitality.

Sincerely,


Kelly G. Gregory
Chef/Owner
Kelly's Kitchen LLC

Kelly's Kitchen, LLC

PO Box 717
Dolores, CO 81323

(970) 394-5190
www.kellyskitchendolores.com



Dolores School District RE-4A

Dolores High School

P.O. Box 727 / 100 N. 6th Street
Dolores, Colorado 81323

Dear Selection Committee,

It is with great pleasure that I write this letter of recommendation for Nicholas Abate for general scholarship consideration. I have known Nick for several years as a student in multiple classes at Dolores High School, and throughout that time he has consistently distinguished himself as an exceptional learner and individual.

Nick has completed two of the most challenging courses we offer—College Anatomy and Physiology 106 and College Biology 105. Both courses are college-accredited and demand a high level of academic rigor, critical thinking, and self-discipline. Nick rose to these challenges with confidence and determination. He consistently produced academic work of the highest quality, demonstrating strong observational skills, logical reasoning, and effective problem-solving abilities.

When I think of Nick, the words that immediately come to mind are engaging, intelligent, outgoing, and dedicated. He is an active participant in the learning process and brings energy and thoughtfulness to classroom discussions. His willingness to think critically and explore alternative solutions often added depth to conversations—frequently exceeding expectations for a high school student.

One of Nick's greatest strengths is his ability to self-advocate. He takes ownership of his education and is proactive in seeking clarification or feedback when needed. Nick genuinely wants to succeed and is willing to invest the time and effort required to do so. This maturity and accountability set him apart from many of his peers.

Nick is a multi-talented individual with a wide range of interests. He balances academic excellence with extracurricular involvement, including his role as a member of the varsity soccer team. The work ethic and discipline required to compete at a high level athletically are clearly reflected in his academic performance. Additionally, his membership in the National Honor Society speaks volumes about his commitment to scholarship, leadership, and service within our school community.

What I have appreciated most about Nick is his desire to learn and his willingness to be an active participant in his own education. He thrives on challenging material and remains engaged until he fully understands the content—often helping classmates along the way. Through his actions both in and out of the classroom, Nick has earned the respect of his peers and teachers alike.

I recommend Nicholas Abate without hesitation. His curiosity, strong work ethic, and intellectual maturity will make him a positive addition to any academic program or opportunity he chooses to pursue. Please feel free to contact me if additional information is needed.

Respectfully,

Dave Hopcia A.A.S., B.S., M.S. ++
Science Educator Dolores High School
Email dhopcia@dolores.k12.co.us